CHAPTER IV

CONCLUSION AND SUGGESTION

4.1 CONCLUSION

After watching and analyzing this movie; Black Swan, the writer took a conclusion that every woman or man, a child or an adult, any profession, could be suffered by mental disorders, which comes from many factors. No exception to the main character portrayed by director Darren Aranofsky, Nina Sayers. Nina is a ballet dancer which suffered a mental disorder due to a lot of pressure, which affects her behavior becomes abnormal as human being in general.

In this paper, the writer also concludes there are three main points that have been discussed, there are the symptoms, types, and the factors of mental disorder in Nina Sayers, the main character of the movie.

The symptoms of mental disorders are psychological and behavioral patterns, suffering and disability. The writer found out in the movie Black Swan, the main character, Nina Sayers, shows some suffering and clinical.

From five types of most common mental disorders, in the movie Nina shows that she is suffering two types of mental disorders, eating disorder and schizophrenia. Eating disorder can be seen from Nina behavior which is she does not want to eat much as she wants always to be perfect, meanwhile schizophrenia can be seen from Nina’s hallucination.

The last is the factor, in the movie shows that the factors of mental disorders that affect Nina are psychological and social factor. Psychological factor
is factor from inside, Nina’s mind, because she has obsession to be perfect. Social or external factor is from her overly protective and possessive mother, because her mother is controlling over all of her things.

4.2 SUGGESTION

The writer of this paper hopes this paper will be useful for the next writer who will take same problem and same theme as this paper for a reference. For others writer who wants to analyze mental disorder or related things to it, the writer suggests they must have an interest in a movie which is uncommon to people liking it first. Because, a movie which has mental disorders issue in it usually is a heavy movie and they have to use their brain harder to think because the purpose of it is not only to entertain the audiences but also give the audiences some knowledges which somehow it is hard to understand. Second, they also have to like psychological and mental disorder things, because if they do not interest to it they might find it boring and difficult. Third, find the suitable theories through books and internet research. Next, start analyzing the movie based on the theories and do it carefully.