CHAPTER IV

CONCLUSION AND SUGGESTION

4.1. Conclusion

Alzheimer’s disease is a type of dementia. Alzheimer’s disease is a condition in which the brain progressively shrinks and dies since the nerve cells in the brain do not work properly. Even though this disease mostly affects elderly people, Alzheimer’s disease and other dementias are considered illnesses and are not part of normal aging.

Referring on the analysis on the previous chapter, the writer concludes that Alzheimer’s disease of the main character, Alice Howland, in *Still Alice* movie is caused by genetic, which she inherited from her father. Since the disease is inherited, the main character developed the disease earlier than normal. The buildup of excessive beta-amyloid peptide caused the main character’s early-onset Alzheimer’s disease.

The effects of Alzheimer’s disease can be clearly seen in the main character’s life. Alice Howland experienced dementia, where she lost cognitive functions progressively. Alice also experienced changes in her mental state, as she was aware that she gradually became forgetful, and her personality and behavior, as she became easily irritated by some things. Alzheimer’s disease also definitely affected her life. Alice was a Linguistics professor at Columbia University after she was let go from the university because she was not able to teach due to her Alzheimer’s disease. This
disease also emotionally affected her husband, John Howland, as he did not want to witness Alice’s progressively deteriorating to be someone totally different because of Alzheimer’s disease.

The writer gets some lessons from Still Alice movie. The first is that Alzheimer’s disease does not only happen to elderly, but it can also happen to people ages from thirty to sixty five. People should try their best to delay the disease by living a healthy life and sharpening their minds. Alzheimer’s disease patients also need more support along their lives, as the care-giving of the people around them can make the biggest difference to the patients of Alzheimer’s disease. The writer also learns that there has not any cure for Alzheimer’s disease, so it is better to learn about the disease and get tested if the readers suspect any signs.

4.2. Suggestion

The writer has a few suggestions for other researchers who choose literature as their final assignment outline. The first is to find a topic to discuss. It is better to look for the topic before the time of final assignment begins. After finding the topic, researchers can try to find the theories that are related to the topic. The theories can be used later to analyze the movie.

Re-watching the movie is vital for the researchers to analyze which theory relates to the scene that is the subject matter of the analysis. This process takes time to finish as relating one scene to a theory and making an explanation of it can be challengingly difficult. The writer also wants to say to other researchers that it is okay to take a
small break, because the process of writing the final assignment can be really frustrating.